

# Letter to the Hebrews

Pembroke Bible Chapel  
D Axford – Feb 24, 2008  
Series No. DA-HEB-06

## Warning – Don't lose rest! Hebrews 3:7-19

The first warning in Hebrews chapter 2 was not to lose hope by drifting away from Christ. This second warning is not to lose rest by hardening your heart against God.

### Condition

Don't become hard hearted. The symptoms of this are a rebellious, stubborn, unresponsive, and unbelieving attitude towards God and others. (*Heb.3: 8-18*)

### Circumstances

#### The lesson from the history of Israel:

1. The ancient Israelites had experienced God's miraculous power and deliverance but continuously grumbled and complained against God. (*Heb.3:8,13-15; Ex.12 & 14; 15:22,23; 16:1,2; 17; Ps.95; Rom.5:6;7:6; Jn.11:26*)
2. As a result they all died in the wilderness without seeing the Promised Land.

#### The Lesson from Scripture:

1. They craved evil things, were immoral and idolaters, and they tested the Lord by their constant rebellion.
2. Be warned – do not be like them or you will suffer loss. (*Heb.3:7,12,13,14; 1 Cor.10:1-12*)

### Consequences

If you ignore this warning and become hard hearted, you will not experience the rest of God, you will continue to carry your own burdens in life, and ultimately you may experience the loss of your temporal blessings. (*Heb.3:18,19; 4:3-5*)

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## Application

If you are not yet a born again believer in the Lord Jesus Christ please consider the following. Jesus Christ, who is very God and creator and owner of all things, paid your sin debt on Calvary's cross 2000 years ago as prefigured by the slain Passover lamb. He died in your place and rose again from the dead showing God's acceptance of His sacrifice. He desires to remove your burden of sin, to change the condition of your heart, and to give you unending rest in Himself.

You can enter into the benefits of this great work by recognizing your sinful and lost condition, and by accepting, by faith, Christ's death on the cross on your behalf. As a result, the burden of your sin is removed, you are reunited to God, Satan's power and control over you is broken, and you are given a new life which will never end. When this happens, God the Spirit comes to live within you to empower you to live a new kind of life. You will receive true rest for your soul.

If you are a believer take care that you don't become complacent and hard hearted towards God and others. Don't drift away from Christ. Encourage each other every day to be responsive to the leading of the Holy Spirit in their lives. Feed on Christ through worship of Him and communion with Him so that you don't lose hope.

You can enter fully into the benefits of knowing Him who carries you through life. Know that He desires to take your burdens of life upon Himself and to give you true rest for your soul. Be diligent to enter His rest by resting from your own works of righteousness and allowing Him to take your burdens and do His work in and through you.